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|---|--|--|--|--|--|--|--|
| Date | | | | | | | |
| Emotion | | | | | | | |
| Hunger before meal <i>(1-10)</i> | | | | | | | |
| Meal setting <i>(group, alone, home, work)</i> | | | | | | | |
| Satiety after meal <i>(1-10)</i> | | | | | | | |
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| Hunger before meal <i>(1-10)</i> | | | | | | | |
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